

# Volunteers Supporting Families in Edinburgh



We know that the impact the latest government restrictions will have on parents and children means it will be a difficult time for many families, so our volunteers are here to help in a range of ways to make life a little easier. This includes -

- wellbeing telephone or video chats with parents
- working on daily routines together
- supporting home-schooling methods
- helping parents access the right services
- keeping on top of appointments (health etc)
- managing budgeting or financial worries
- housing stability



Our friendly volunteers are local people who can offer an hour or two a week to support a family, for up to 6-9 months. Families are matched with their own personal volunteer to help with challenges - big or small! Support will begin virtually with the hope of families meeting their volunteer in person when possible.



**Could your family benefit from one of our volunteers?  
Contact us to find out more -  
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